

<b>PHYSICAL EDUCATION 1</b>	
<b>GENERAL INFORMATIONS</b>	
Course coordinator	Mario Oršolić mag. cin., lecturer
Assistant/Associate	-
Study Programme	Undergraduate University Study of Medical Laboratory Diagnostics
Status of the course	Mandatory
Year of study, semester	1st year, 1st and 2nd semester
ECTS	-
Workload (hours)	Exercises: 25+25
Expected number of students	30 - 35
<b>COURSE DESCRIPTION</b>	
<b>Course objectives</b>	
1. Learning new motor skills, 2. Improvement of basic theoretical and practical motor skills, 3. Preventing the early decline of abilities due to insufficient physical activity; 4. Training students for individual physical exercise and 5. Promoting the value of exercise and sport culture.	
<b>Course requirements and required competences</b>	
None.	
<b>Learning outcomes relevant to the study program</b>	
-	
<b>Expected learning outcomes at the course level</b>	
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<b>Course content</b>	
Sets of kinesiological activities divided into basic and specific curriculum. Students make a selection on the basis of interest, degree of the acquired motor skills, level of ability and health status. The basic curriculum comprises the following kinesiological activities: athletics, badminton, basketball, football, volleyball, handball, swimming, table tennis, squash, fitness programs, walking tours, dancing structures, while the specific curriculum consists of skating, beach volleyball, beach handball, karate, taekwondo, bowling, sailing, archery, tennis, climbing.	
<b>Monitoring and evaluating work in physical education</b>	
The course director monitors the student's curricular and extra-curricular activities and the fulfillment of course obligations and keeps records of attendance and participation, which is a condition for the successful completion of the course. Students will occasionally complete a survey aimed at improving the quality of instruction at the course level.	
<b>Form of instruction</b>	
Exercises	
<b>Student obligations</b>	
Attending all forms of instruction is mandatory. A student can be excused from 30% of classes.	
<b>Reading</b>	
There's no mandatory literature or exam.	
<b>Quality monitoring methods ensuring the acquisition of competences upon completion</b>	
An anonymous, quantitative, standardized student survey on the course and the work of professors conducted by the Quality Assurance Offices of the Faculty of Medicine Osijek.	